YOU AND ME AT 2

The Integrated 27 Months Review

A GUIDE FOR PARENTS

Being a parent is a special and amazing experience but it can also be challenging at times. If you live in the City of London or the London Borough of Hackney and your child spends time in an early years setting, their two year health review may be integrated with their early education progress check. This review is not a 'test' but will help you to support your child's development. The integrated review will help you understand more about your child's development.







What does 'integrated' mean? Parents/carers, early years providers and health visitors work together to help children have the best start in life. What if I don't live in the City of London or London Borough of Hackney?

Your child's early years provider will share with you a document called "Progress check at age two". Just add a copy to your child's Red Book and share it with your health visitor at your next visit.

Why does my two year old child need an integrated review?

Age two is an important time for children. It is the ideal time celebrate child's to your achievements and an opportunity to provide your child with any extra help they may need. Interventions made at this point can make a real difference child's to your future.

Why do I need to be involved? You know your child best and are your child's most important educator. So your views of your child's learning, development and progress are highly valued. What happens in the integrated review?

Your child's early years provider will contact you requesting that you make an appointment to review your child's development. Before the day of the meeting, you'll be asked to complete an 'Ages and Stages Questionnaire' (sometimes called the ASQ). At this time your child's early years provider will contact your health visitor and also ask you for your thoughts on your child's interests and development at home. Your provider will then complete a report which includes their own observations and assessments. Your provider and health visitor will then arrange to meet with you to discuss your child's strengths and any support required to meet your child's needs.

Your health visitor will also be able to give you additional information on:

- Growth, healthy eating and keeping active
- Managing behaviour and encouraging good sleeping habits
- Dental health
- Keeping your child safe
- Vaccinations



You will be asked to complete an ASQ-3 questionnaire before your child's integrated review. The questionnaire looks at children's communication skills, their balance and how well they use their arms, legs, hands and fingers (i.e. gross and fine motor skills), problem-solving skills, and their personal and social development.





I am already concerned about my child's development and what will happen during the review?

First of all, don't worry! The integrated review provides a perfect time to talk about your concerns and plan together to meet your child's needs.
What if my child needs extra help?

If there are areas where your child needs extra help, the review provides the opportunity for the right support to be put in place. If this is the case then your health visitor and your child's key person (from the early years provider) will discuss this fully with you.

My child has a special educational need/disability (SEND), so what will this mean for my child? You may already have several specialists working with you and your child; this may mean that it is not the right time to carry out any additional assessments on your child's progress. Please ask your health visitor for more advice.

What happens to my child's summary documents following the integrated review? Your health visitor and childcare provider will keep copies in their records and share them with each other - with your permission. You will be given a copy to keep in your child health record (Red Book).

Remember that all children are unique and different and learn best through playing, exploring, being active and creative.



If you would like to share more guidance on children's learning and development with parents, we recommend the 'What to expect when' booklet which is free to download from

www.foundationyears.org.uk

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You can find fun ideas for activities from the Coltale programme: look for SquareMileFamilies #coltaletoptips on Facebook, Twitter and Instagram.