

## Children can swallow, inhale, or choke on other items such as small toys, peanuts and marbles

- Choose toys appropriate to the age of the child
- Ensure that small objects are kept out of reach of children under three
- Looped cords on blinds and curtains should be avoided especially in children's bedrooms. Keep them tied up high and out of reach
- Small foods such as grapes, cherry tomatoes, blackberries and other soft fruits should be cut into quarters to prevent choking
- Keep button cell batteries out of reach of children, they can cause severe injuries if swallowed
- Don't forget plastic bags can also be very dangerous to small children.

For more home safety information visit [www.rospa.com/resources/hubs/](http://www.rospa.com/resources/hubs/)



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03-2018



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# Babies can suffocate on nappy sacks



**Keeping your baby safe**

Help and advice for parents and carers of young children

# Nappy sacks can kill

at least 18 babies in the UK have already died

Making some simple changes can make a big difference to your children's safety. Help us to prevent any more babies from needlessly dying.

To avoid danger of suffocation and choking:

✓ **Do:**

Always keep nappy sacks and other plastic bags and wrapping away from babies and young children.

✗ **Don't:**

Place nappy sacks in a baby's cot, pram or buggy.

## Why do nappy sacks pose a suffocation hazard to babies?

- Young babies naturally grasp anything and put it in their mouths, but they find it more difficult to let go.
- Nappy sacks are flimsy and are small enough to fit in little mouths.

