





# Mind The Gap - Drop in Group

Facilitated social space running monthly for young people aged 12-18 years with an Autism diagnosis or awaiting Autism assessment in City & Hackney!

## **TELL ME MORE...**



Are you aged 12-18 with a diagnosis of Autism or on a waiting list for an assessment?

- Join us at our welcoming and friendly drop-in social space with Board games, Lego, Arts & Craft activities, and advice & support.
  - Please feel free to bring along your own games or hobbies to work on too.
    - Free snacks and drinks provided!

# WHEN & WHERE?

- Monthly
- Every 2nd Thursday5:00-6:30 PM
- Hackney Ark, Downs Park Road, London, E8 2FP

#### **Upcoming dates:**

- 13th June 2024
- 11th July 2024
- August (Not running)
- 12th September 2024

### **JOIN US!**

Any questions and/or want to book your place?

Please contact huh-tr.mindthegap@nhs.net to receive our sign up form, which can be completed by the young person interested or their parent/carers.

