

# MAYOR OF LONDON

## HEALTHY EARLY YEARS LONDON

### HEYL Award - Information on updates September 2024

#### Introduction

The GLA have agreed to take forward a programme of implementation to update the HSL and HEYL programmes from September 2024, with the updates concluded and ready for implementation in September 2025. These updates aim to

- Reduce barriers to achieving the awards
- Increase inclusion and access to the awards
- Increase uptake of the award to benefit more children across London

The current programme for HEYL and HSL will continue until the updates are implemented in September 2025.

#### Interim changes

To help ease the workload for Borough Leads, settings and childminders, several immediate changes have been agreed for the interim period September 2024 – August 2025. **These changes come into effect from September 2024:**

- **First Steps has been removed** and therefore any new settings or childminders (CMs) that register will not need to complete First Steps and will instead work on their Bronze Award. Settings already on First Steps will not lose their award but are encouraged to work on their Bronze Award.
- **The Silver audit has been removed** and therefore those wishing to progress from Bronze to Silver will only need to complete a case study/project.
- **The number of case studies/projects in Gold has been reduced.** There is only the need for one case study/project at Silver and one for Gold.
- **The Silver and Gold renewal requirements have been removed;** future renewal requirements are being reviewed as part of the updates for September 2025.
- Anyone due to renew their Bronze between September 2024 and September 2025 can ask for a renewal extension until the updated programme is implemented.

#### Timeline and process for HEYL Award

<b>September 2024 – August 2025</b>	<b>Interim changes in place.</b> EYs settings and childminders should <ul style="list-style-type: none"><li>• Register for the programme online</li><li>• Work on achieving bronze award</li><li>• If due for bronze renewal, can ask for an extension to September 2025</li><li>• Work on achieving Silver or Gold award if applicable</li></ul>
<b>September 2025</b>	<b>Implementation of final updated HEYL programme</b>

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### Summary of Award process September 2024 – August 2025

Full information on the award process for September 2024 – August 2025 can be found in [HEYL Award Pathway Sept 2024](#) document.

Level of award	What EYs settings and childminders need to do
Registration	<ul style="list-style-type: none"><li>Settings and childminders <a href="#">register</a> for the award online</li></ul>
Bronze award	<ul style="list-style-type: none"><li>Complete HEYL Bronze audit</li><li>Meet Voluntary Food and Drink Guidelines:</li><li>Submit most recent Ofsted report</li></ul>
Bronze renewal	<ul style="list-style-type: none"><li>Contact local HEYL Borough Lead to request extension if required</li></ul>
Silver award	<ul style="list-style-type: none"><li>Hold up-to-date bronze award</li><li>Case study/learning journal showing the impact of work to address one health, wellbeing or development priority</li></ul>
Gold award	<ul style="list-style-type: none"><li>Hold up-to-date bronze award</li><li>Work developed for silver award sustained for one year</li><li>Case study/learning journal showing the impact of work to address one further health, wellbeing or development priority</li></ul>

### Support

Settings/childminders in boroughs with a local HEYL Borough Lead can contact their local Borough Lead for information and support.

Settings/childminders in boroughs without a local HEYL Borough Lead can contact the Healthy Early Years London team for more information and support [HEYL@ncb.org.uk](mailto:HEYL@ncb.org.uk)

For any queries about the programme, please contact [HEYL@ncb.org.uk](mailto:HEYL@ncb.org.uk)

**List of HEYL award documents to use from September 2024** (please note these will be available on the HEYL website from October 2024)

- [HEYL Award Updates Summary SEPT 2024](#)

### General

- [HEYL Award Pathway SEPT 2024](#)
- [HEYL Award Programme Introduction SEPT 2024](#)
- [HEYL Award Parents and Carers Information SEPT 2024](#)
- [HEYL Award Food & Drink Statement](#)
- [HEYL Award Immunisation Statement](#)
- [HEYL Award Physical Activity Statement](#)
- [HEYL Award Packed Lunch Guidance](#)

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### Bronze Award

- [HEYL Bronze Award Guidance SEPT 2024](#)
- [HEYL Bronze Award CHILDMINDER Audit SEPT 2024](#)
- [HEYL Bronze Award SETTING Audit SEPT 2024](#)
- [HEYL Bronze Award QA Template](#)

### Silver Award

- [HEYL Silver Award Guidance SEPT 2024](#)
- [HEYL Silver Award Action Plan example](#)
- [HEYL Silver Award Action Plan template](#)
- [HEYL Silver Award Case Study example \(Childminder\)](#)
- [HEYL Silver Award Case Study example \(Setting\)](#)
- [HEYL Silver Award Case Study template \(PowerPoint\) SEPT 2024](#)
- [HEYL Silver Award Case Study template \(Word\) SEPT 2024](#)
- [HEYL Silver Award QA Template](#)

### Gold Award

- [HEYL Gold Award Guidance SEPT 2024](#)
- [HEYL Gold Award Action Plan example](#)
- [HEYL Gold Award Action Plan template](#)
- [HEYL Gold Award Case Study example \(Childminder\)](#)
- [HEYL Gold Award Case Study example \(Setting\)](#)
- [HEYL Gold Award Case Study template \(PowerPoint\) SEPT 2024](#)
- [HEYL Gold Award Case Study template \(Word\) SEPT 2024](#)
- [HEYL Gold Award QA template](#)
- [HEYL Gold Award Targeted Case Study Example \(Setting\)](#)